

northwest ohio



pathways **HUB**



Your
CONNECTION TO A
HEALTHIER LIFE

THE PATHWAYS HUB CAN HELP

The Pathways HUB system is a free program to help connect you to medical and social services throughout the community.

Every Pathways HUB client is partnered with a community health worker, or CHW. Your CHW will help you connect to resources so you can enjoy a healthier life.



DO YOU NEED HELP WITH:

-  Getting health insurance, medication, food, housing, transportation, utilities and other basic needs?
-  Going to doctor's visits and medical tests?
-  Understanding the healthcare system and using insurance?
-  Combating stress, losing weight or quitting smoking?
-  Preparing for your baby?
-  Tracking your blood pressure and other health indicators?
-  Managing your medical condition?

Community health workers can help you with these and other needs. Call the Pathways HUB at 419-842-0800 to get connected.





ABOUT THE PATHWAYS HUB



The Pathways HUB is best known for helping women have healthy pregnancies and healthy babies. Since 2007, the Pathways HUB has helped women get needed medical and social services – including food, housing, transportation, cribs and diapers.

The Pathways HUB also connects adults with diabetes, high blood pressure and other conditions to the medical and social services they need.

The Pathways HUB has expanded to help other residents, including women of child-bearing age. For more information about the Hospital Council of Northwest Ohio's Pathways HUB, please visit hcno.org.

How The Pathways HUB Works

The Pathways HUB system includes care coordination agencies throughout the community that employ community health workers, or CHWs. These CHWs work with clients to get community resources, including food, housing, transportation and insurance coverage.

Your CHW is a partner and coach in helping you take charge of your health.





**If you have questions or need help,
please contact:**

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